

Crabbe Head Start Lunch Menu 2021-2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	Chicken Nuggets Broccoli with Cheese Pears WG Roll 1% Milk	Chili or Tomato Soup Grilled Cheese Corn Watermelon 1% Milk	Pasta Bar (Rotini or Chicken Alfredo) Green Beans Blueberries WG Cheesy French Bread 1% Milk	Pizza/Calzone Peas and Carrots Sidekick Fruit Cup 1% Milk	Walking Taco (Beef or Chicken) Refried Beans Salsa Queso Strawberries 1% Milk	
Week 2	Chicken Tenders Glazed Carrots Mandarin Oranges Biscuit 1% Milk	Salisbury Steak/Pork Chops Mashed Potatoes with Gravy Pineapples WG Roll 1% Milk	Chicken Sandwich Emoji Fries Mixed Fruit 1% Milk	Pizza/Calzone Side Salad Zee Zee's Fruit Cup 1% Milk	Hot Dogs with Sauce Baked Beans Melon Cup 1% Milk	
Week 3	Corn Dogs Mac and Cheese Peas Peaches Cookie 1% Milk	Fish Sticks Mozzarella Sticks Green Beans Zee Zee's Fruit Cup 1% Milk	Hamburger/ Cheeseburger Baked Beans Crinkle Cut Fries Lettuce/Tomato/ Pickle Applesauce 1% Milk	Pizza/Calzone Corn on the Cob Side Salad Sidekick Fruit Cup 1% Milk	Boneless Chicken Tender Basket Onion Rings Carrots and Celery Berry Cup WG Roll 1% Milk	

Monday: Yogurt Box

Tuesday/Thursday: PB&J Box

Wednesday: Bento Box

Friday: Pizza Box

****Menu subject to change with no notice****



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MENU ROTATION 2021-2022



- WEEK 1
- WEEK 2
- WEEK 3
- NO SCHOOL

AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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FEBRUARY							MARCH							APRIL							MAY							JUNE							JULY							
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