

Head Start Lunch Menu 2021-2022

Updated 7/28/2021

Menu subject to change without notice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	Mini Corn Dogs Mac and Cheese Green Beans Sidekicks 1% Milk	Chicken Sandwich Emoji Fries Zee Zee Cup 1% Milk	Beef Nachos with Cheese Refried Beans Salsa Apple Slices 1% Milk	Pizza Peas Banana 1% Milk	Pork Chops Mashed Potatoes Fried Apples Biscuit 1% Milk	
Week 2	Bosco Stick Marinara Cup Peaches 1% Milk	Fish Sticks Mac and Cheese Glazed Carrots Mixed Berry Cup 1% Milk	Chicken Tenders Potato Wedges Mandarin Oranges WG Roll 1% Milk	Cheeseburger Onion Rings Lettuce/Tomato Baked Beans Apple Slices 1% Milk	Hot Ham and Cheese Sub Fries Blueberries and Watermelon 1% Milk	
Week 3	Tangerine Chicken Stir Fry Vegetables Fried Rice Pineapples 1% Milk	Sloppy Joe Baked Beans Applesauce 1% Milk	Chicken Alfredo/Rotini Cheesy Broccoli Melon Cup WG Cheesy French Bread 1% Milk	Salisbury Steak/Pork Chop Mashed Potatoes Pears WG Roll 1% Milk	Chicken Nuggets Mac and Cheese Mixed Vegetables Melon Cup 1% Milk	



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